

# The Wonder Weeks

*How to stimulate your baby's mental development and help him turn his 10 predictable, great, fussy phases into magical leaps forward*

4 reviews from  
front pages

“van de Rijt and Plooijs will help you see the world the way an infant sees it. As the child grows, displays of emotion (such as crying) tell us the child is summoning reserves of energy and is calling out for help in finding new ways to perceive the changing world. Because van de Rijt and Plooijs have discovered predictable stages in the widening of the infant's perceptions and skills, they can enable you, with their superb examples, to recognize the onset of these stressful episodes and to join your child in coping with them. So rich, indeed, are the implications of finding new perceptions and new skills in the midst of stress that whether or not you are a parent, it can never be too early or too late to profit from this book.”

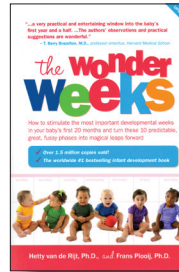
*Philip J. Runkel, Ph.D., professor emeritus  
of psychology and education,  
University of Oregon*

“This is a very practical and entertaining window into the baby's first year and a half. van de Rijt and Plooijs have observed and found the vulnerable times in an infant's development that I independently came to in my book *Touchpoints* (Perseus). The authors' observations and practical suggestions are wonderful.”

*T. Berry Brazelton, M.D., professor emeritus,  
Harvard Medical School*

“Anyone who deals with infants and young children will want to read *The Wonder Weeks*. This book will open parents' eyes to aspects of their children's growth, development, changing behavior, and emotional responsiveness that they might otherwise not notice or find puzzling and distressing.”

*Catherine Snow, Ph.D.,  
Shattuck Professor of Education, Harvard  
Graduate School of Education*



Kiddy World Promotions B.V.,  
The Netherlands

[www.thewonderweeks.com](http://www.thewonderweeks.com)

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*By Hetty van de Rijt  
and Frans Plooijs*

“van de Rijt and Plooijs' work on infant development has enormous value for clinical use and scientific application. Not only have they explained the periods of puzzling, difficult behavior in infancy which so worry parents, they have also shown how these behaviors mark developmental leaps and have described the stages in the infant's understanding. Together, this gives parents and professionals soundly based insight into babies' developing minds.

What's more, van de Rijt and Plooijs have described the play and communication that work best with babies at different ages and thus helped parents understand and connect sensitively with their babies. This parent-child connection is the major prerequisite for the development of secure, well-adjusted children. *The Wonder Weeks* is essential reading for everyone who works with infants: pediatricians, social workers, psychologists, and, of course, parents.”

*John Richer, Ph.D., Dip. Clin. Psychol.,  
consultant clinical psychologist and  
Head of Pediatric Psychology,  
Department of Pediatrics,  
John Radcliffe Hospital, Oxford, England*